



Hoquiam Middle School

NOVEMBER



●Meals are **FREE** to all Students at Hoquiam Middle School●
 All entrees include salad bar and lowfat white or fat-free chocolate milk.

Lunch Specials

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Nuggets Wheat Roll Mashed Potatoes and Gravy	2 Garlic Cheesy Bread Hearty Tomato Soup	3 Cheeseburger or Chicken Sandwich on WG Bun Baked Fries
6	7	8	9	10 Veterans Day  NO SCHOOL
Parent Conferences - Early Release No Lunch Served				
13 Cheesy Ham & Potato Casserole	14 Teriyaki Dippers Asian Rice Bowl	15 Popcorn Chicken Steamed Rice	16 Brunch for Lunch WG Pancakes Egg Patty Strawberries	17 Cheeseburger or Chicken Sandwich on WG Bun Baked Fries
20 Chicken Drumstix WG Roll	21 Hand Wrapped Beef Burrito	22 Chicken Nuggets Mashed Potatoes and Gravy	 Thanksgiving Break No School	
27 Whole Grain Mozzarella Breadsticks with Marinara Dip	28 Beef Chili with Corn Muffin	29 Super WG Nachos with Beef & Cheese	30 Cheesy Lasagna Rollup WG Breadstick	

⇨ DAILY LUNCH OFFERINGS ⇩

Monday	Tuesday	Wednesday	Thursday	Friday
Big Daddy WG Pizza Cheese or Pepperoni or Build a Sandwich	Big Daddy WG Pizza Cheese or Pepperoni or Build a Sandwich	Big Daddy WG Pizza Cheese or Pepperoni or Build a Sandwich	Big Daddy WG Pizza Cheese or Pepperoni or Build a Sandwich	Big Daddy WG Pizza Cheese or Pepperoni or Build a Sandwich

Breakfast Menu



WHAT A WAY TO START YOUR DAY!
 Adults \$1.75

All Breakfast Entrees include: fresh and canned fruit, fruit juice, and choice of milk.

New Grab & Go Breakfast Kiosk

Daily in the Cafeteria 7:30 am to 8:00 am. Breakfast can be taken to first period class.

Selection changes daily. Pick from warm and cold items including:

Yogurt, Breakfast Bars, Breakfast Burrito, Breakfast Bagel, Whole Grain Pastries, Muffins, Breads, Cereal, Mini Pancakes, Mini French Toast, Mini Waffles, Bagel & Cream Cheese, Breakfast Pizza, Breakfast Sandwich, and Pop Tarts

